

He's No Longer Labeled as Mental Retardation

Dr. Kanyang Wu, Ancient Acupuncture Center

On April 19, 2004, George's mother was very excited to tell me that George was no longer classified as "mild retardation" after the annual assessment by his school. I was so happy to hear it as well because such success was due to our joint efforts.

George was a very lovely child. He did not like to cry much since he was very small. He could play by himself for a long period of time. When he was around three year-old, he started to show some abnormal behaviors. For example, when other children came to visit his home and stayed temporarily, he would start crying and his crying was hard to stop. Sometimes he even vomited and had fever from the situation. Such behavior could not stop until the visiting child left. Then he was found that his learning ability was not as good as his peers and he could not focus his attention and did not like to participate in the activities with others. At age 5 he was diagnosed as mild autism and was classified as mild retardation by his school.

In September 2003, George was 8 year-old. After his parents learned that I offer treatments for brain cell diseases, they brought him to the clinic immediately. At that time George's symptoms included the following: dislike interacting with others; hyperactive; unfocused; cannot have an in-depth conversation; unable to repeat the things just happened. After examination and comparison, I concluded that his gross motor, fine motor, and adaptability were at normal level but his language and social skills were at the level of 4 to 5 year-old.

Here is the history of symptom changes during the treatment:

- 10/04/03 (after 6 treatments), parents recall that he is more focused. For example, after his mom read aloud a bible story, he can repeat the story easier than before.
- 10/08/03 (after 8 treatments), parents recall his appetite is obviously improved. He is willing to dine together with other family members. His appetite becomes normal. He is not as easy to get angry as before.
- 10/11/03 (after 9 treatments), parents recall he is easier to keep quiet than before in the classroom.
- 10/13/03 (after 10 treatments), parents recall he starts to tidy up the toys scattered by his younger sister.
- 10/18/03 (after 12 treatments), parents recall he has made good progress in learning piano. He could not play a whole song on the second day after learning. But now he can play the whole song on the second and third day.
- 10/20/03 (after 13 treatments), parents recall he is more active in general. He stays quiet in the class.
- 10/25/03 (after 15 treatments), parents recall he starts to care more about his younger sister.
- 10/29/03 (after 17 treatments), school teachers say he is more active and dynamic now.
- 11/01/03 (after 18 treatments), parents recall at the yesterday's dinner he proactively picked out the better part of dumplings and gave it to his mom after he observed that she did not eat

dumplings yet. At school, he requested to help other students to learn. At home he likes to tell his mom very clearly and articulately about what happens at school. Such behavior never happened before.

- 11/08/03 (after 21 treatments), parents recall his eyes are relatively focused and he pays attention to you while talking. He is no longer unfocused like before.
- 11/10/03 (after 22 treatments), parents recall school teacher praised his obvious progress. At home he knows to hug other people to show his passion.
- 11/15/03 (after 24 treatments), parents recall yesterday he suddenly mentioned to his mom about the date when a new movie would be shown. He also said he learned it from TV.
- 11/17/03 (after 25 treatments), piano tutor recalls he has studied very well and is able to read staff now.
- 11/22/03 (after 28 treatments), parents recall he becomes more sensible. Before he often cried if he was not told ahead of time about going out and thus caused delays. Now parents can just tell him before going out.
- 01/28/04 (after 49 treatments), parents recall he is able to complete assignments proactively without guidance.
- 02/04/04 (after 52 treatments), parents recall he talks a lot more now.
- 02/14/04 (after 56 treatments), during the treatment session, he carries on the conversation with his father.
- 02/18/04 (after 58 treatments), parents recall he has made good progress with his study and is able to catch up with materials of higher degree of depth. He still likes to tell stories. He finishes assignments according to standard formats.
- 03/05/04 (after 64 treatments) parents recall he is fond of self-made games. He becomes a little wayward. But he still completes the assignments all by himself.
- 03/15/04 (after 68 treatments) parents recall after he had a quarrel with his sister, he told his grandma about the whole thing such as how his sister hit him and how he yelled at her.
- 03/17/04 (after 69 treatments), during treatment session, he is quite obedient. He likes to hear others say he is a good boy.
- 03/20/04 (after 70 treatments), parents recall he has made more progress and very obedient. He is lovely and knows how to get snacks by currying favor with parents. He is serious about his assignments. His average test score has been improved from 70% to 80%. Also he got 100% twice.
- 03/27/04 (after 72 treatments), during the treatment, he talks with his father very smoothly and cheerfully.
- 04/03/04 (after 75 treatments), parents recall he has improved his reading skills and can ask questions proactively. He knows that to complete assignment is what he should do. He normally does not leave his desk if his assignment is not completed. He has gained further understanding on the reasoning of parents. He is no longer so stubborn.
- 04/19/04 (after 82 treatments), parents recall he is no longer in the category of mild retardation after the annual assessment by his school.

During the seven months treatment (from 09/20/2003 to 04/19/2004), George has received a total of 83 treatments. The treatment history has showed the symptom changes during the whole

treatment period. It has demonstrated that Chinese medicine can effectively treat brain cell diseases such as autism and cerebral palsy. George's progress in some areas is significant. His excessive movement and unfocused attention have been reduced. This is shown by listening carefully at his class and finishing assignments at home. His ability to tell stories has been improved. This is shown by his telling the whole event on arguing with his sister. All these improvements are due to the recovery of his intellectual functions of central nerve system. He knows to curry favor for snacks and does not want to leave his desk before assignment is completed; he likes to listen to compliments and can play tricks. We can conclude that his thought process is much more active than before.

After his learning capacity is improved, it is very important to give more tutoring to him. George's mother reads a bible story to him every night and asks him to repeat the story afterward. This exercise is very helpful. The more knowledge he has learned, the better his comprehension. Sometimes such tutoring is even more important than treatments. During the years before treatment, his learning capacity was not up to the proper level and he was not able to learn effectively. He behaved younger than his age. So his knowledge is not as broad as his peers. After his capacity is improved, the amount and depth of learning need to be increased in order to strengthen the treatment results. I often tell parents, "You will need work harder after your kids are improved. The only way to reduce the intellectual gap from normal kids is through extra tutoring." Of course, when a child is not able to absorb knowledge due to disease, it is not much useful for any extra tutoring. Generally speaking, the younger the child starts treatment, not only the better the medical results but also the smaller gap to bridge with normal child.